

## Specialties

At Bullard Foot and Ankle Institute, we pride ourselves on our expert knowledge and use of advanced technologies. In order to keep your feet healthy, we treat many different foot and ankle conditions and diseases. We offer several services and specialties for the care of your feet and ankles, including:

### Diabetic Foot Complications

Diabetes affects the feet in several ways. Nerve damage can lead to extreme pain and infection. These types of complications can cause serious and permanent damage, and may sometimes lead to amputation. At Bullard Foot and Ankle, we believe that education, regular inspection, and early detection are key in preventing many complications.

### Fall Prevention

Prevention is the best way to avoid foot pain, especially when it comes to injuries. We will work with you to help the stability of your feet and ankles in order to prevent injuries due to falling.

### Foot and Ankle Surgery

### Nail Conditions

Nail conditions are also addressed in our practice. Ingrown toenails and fungal nails are treated in the office with painless procedures, so that you don't have to live with the discomfort of nail pain.

### Nerve-Related Foot and Ankle Problems

Nerve damage, or neuropathy, can be caused by diabetes, trauma, and other factors. It can lead to serious and sometimes permanent foot and ankle problems. Neuropathy can be painful, or cause loss of sensation in the feet. Nerve entrapment is one type of nerve damage that we care for at Bullard Foot & Ankle.

### Skin Conditions

We treat several different skin conditions, including athlete's foot, dry and cracked skin, warts, and corns, among others. We will help to find the right treatment and give you the knowledge to keep the skin on your feet looking vibrant and young.

### Southwest Institute for Sports and Health

The Southwest Institute for Sports and Health (or SWISH) is your resource for improving your movement through training, performance, and recovery programs to help you train smarter, not harder. At this site, you will find information on our cycling programs, personal training, and movement assessment in order to actively perform to your best ability.

### Sports Injuries and Biomechanics

Foot and ankle injuries are common in athletes. Repetitive pressure on the feet can lead to heel pain (known as plantar fasciitis). Skin irritation and fungus are also common athletic complications. Ankle sprains and fractures of the bones in the feet are unfortunate injuries associated with being active. At Bullard Foot and Ankle, we work to help you get back to the activities that you love pain-free.

For your foot health, trust the specialists at Bullard Foot & Ankle Institute. Call our office in Amarillo, TX, at (806) 356-8003 or [schedule an appointment online](#) to get the best foot care in Northwest Texas!



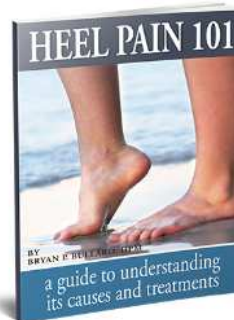
Search



Same day appointments may be available.

### FREE BOOK OFFER

Don't suffer with heel pain! **Order our FREE book today** to learn more about the causes of it and how you can relieve your pain.



### HOURS and LOCATION

500 Quail Creek Drive  
Suite B  
Amarillo, Texas 79124  
(806) 356-8003

Monday 8:30am-4:00pm  
Tuesday 1:00pm-6:00pm  
Wednesday 8:30am-4:00pm  
Thursday 8:30am-4:00pm  
Friday 8:30am-Noon

*Beautiful*  
Nails Package