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LS Laser Treatment: A return to normal life, in-free

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Jennifer Tauber, DPM, uses MLS Laser Therapy to treat a number of patient issues, from chronic pain to acute injury.

When an injury or physical condition is impacting quality of life the road to recovery can seem daunting.

But, a return to everyday activities — with no downtime — is possible, thanks to the state-of-the-art MLS Laser treatment at Dr. Jennifer Tauber's podiatry practice.

New Canaan Podiatry, located at 107 Cherry St., is one of the only offices in Fairfield County to offer MLS Laser Therapy, according to Dr. Tauber.

The MLS Laser is a non-invasive, safe and effective treatment where light is used to relieve pain, reduce inflammation and promote wound healing and soft tissue repair.

It helps the cells to heal from the inside and increases blood flow to help the body heal faster," Dr. Tauber explains. "I have tried many things that have come down the pike in my career but what really separates the MLS Laser is it's FDA-cleared, it's the highest class laser and it helps about 90% of patients."

Therefore, new patients consult with Dr. Tauber to determine if the laser is an appropriate treatment for them. Dr. Tauber says the MLS Laser treatment has proven effective on a number of issues, from acute injury to chronic pain.

"We've helped patients who experience chronic pain and were taking anti-inflammatory medication or opioids to manage it," Dr. Tauber said. "It's helping them to heal and taking away that need for medication."

MLS Laser treatments can help speed up injury recovery, when added to a traditional injury treatment regime.

"It really works for a range of issues, including sprains, broken bones and Diabetic wounds that won't heal," Dr. Tauber said. "We've also used it to successfully treat fungal infections."

Patients receiving MLS Laser treatment typically require multiple sessions but will often begin to feel the benefits after the second or third.

"I have a patient who was at her wit's end because of bunion pain — and was ready to have surgery to remove it," Dr. Tauber said. "She decided to try the MLS Laser as a last-ditch effort and it worked for her. She's back running without pain and wearing the shoes she wants to wear."

The laser is fully robotic and placed 8 inches above the skin, allowing the healing energy to penetrate the tissue, where it interacts with various intracellular bio-molecules resulting in restoration of normal cell function.

While New Canaan Podiatry treats a range of patients and issues, Dr. Tauber has noticed that many of her patients are eager to maintain an energetic lifestyle.

"I am seeing so many active people who want to remain active and that's why this laser is so incredible — it keeps people doing the things they want to do, with a quick recovery," she said.

Dr. Tauber, a New Canaan resident, says the laser is part of her overall effort to bring a new level of care to her hometown.